

## OAKHAM RFC First Aid Risk Assessment for Training and Matches OCTOBER 2022

Refer to RFU Documentation  
 Rugby Safe First Aid  
 Rugby Safe Immediate Care Guidelines  
 Regulation 15  
 Howdens and SPOND Apps  
 RFU Reportable Injury Form  
 PLUS ORFC Injury and First Aid Protocol (Attached)

Within the RFU Core Values  
 Teamwork  
 Respect  
 Enjoyment  
 Discipline  
 Sportsmanship

What are the hazards?	Who might be harmed and how?	What are you already doing?	Further action needed	Who by?	When?
Pitch conditions	Players + Officials	Regular maintenance and inspections before session/match	Continue	Groundsmen/Coaches	Ongoing
Equipment	Players	Safe storage and visual checks	Continue	Team Managers/Coaches	Ongoing
Playing Kit	Players	Team kits washed/checked weekly Safe Standard club kit purchased Age grade player kit checked Gum Shields actively encouraged at all levels	Continue	Team Managers/Coaches Parent/Carers	Ongoing
Injuries	Players/Coaches/Officials	Sports Therapist First Team Qualified First Aiders for all other teams including Age Grade with Club issue First Aid kits regularly checked and replenished + Hi Viz vests on touchline	Continue Requalify as required	Welfare + H&S rep om Committee Team Admins	Ongoing
	Spectators	Boarded or fenced perimeters to playing areas First aid Kit on Touchline	Ensure spectators behind	Groundsmen Team Managers	Ongoing
	Bar and other Staff	Safe working environment maintained First aid kits behind Bar and in Kitchen  Accident Book behind Bar (Completed Forms stored in locked cupboard) Fully maintained external (Community Access) AED registered with EMAS Club Postcode displayed for 999 callers	Maintain	Steward	Ongoing